## **Comparing and Contrasting Snowboarding and Surfing**

Even though snowboarding and surfing seem so different, the two sports actually have more similarities than one may think. One of the most obvious differences between surfing and snowboarding is that surfing is performed on flowing or moving water, normally at lower altitudes and in warmer seasons.

While snowboarding is performed on stable or non-moving snow, often at higher altitudes and in colder seasons.

Another major difference between surfing and snowboarding is the gear in which is used in each sport. Surfing normally just requires a swimsuit and a surfboard. In colder temperatures some may use a wet suit. Snowboarding consists of a lot more gear than surfing. You will need a snowboarding jacket, pants, and boots as well as googles, a helmet, and snowboard. In the case of a fall, a strap attaches the surfboard to the surfer's ankle, so the board is not lost in the waves. Snowboarders have two straps that clamp their boots to the snowboard preventing their board from being lost in high impact falls.

Surfers and snowboarders deals with many different obstacles in their sport. Snowboarding obstacles consist of trees, rocks, and other skiers. Surfing obstacles consist of sharks, rocks, and other surfers. If you fall and hit a rock or

tree on a snowboard, you might get knocked out and break a bone. If you fall on a rock surfing, you could get knocked out or break a bone and drown.

These two sports have many differences, but they have a lot of similarities as well. Both sports are performed standing on a wooden board. Most of the time basic lessons for beginners are necessary. Both snowboarding and surfing is more difficult to learn without a basic beginner's lesson. When it comes to riding, snowboarding and surfing have very similar motions. In both sports, pressure on your front foot will give you more speed. Pressure on your back-foot acts as a brake. Basic motions such as leaning on your toes and heals to move left and right are present in both sports. In surfing and snowboarding it is encouraged to keep equal pressure on both feet with just a little more weight on your front foot than back foot. In surfing, the additional pressure on the front foot allows you to stay in the wave. In snowboarding, it allows you to keep your speed up.

Snowboarding and surfing seem so different from it's obvious traits and characteristics. Once you have experienced both in the flesh, you will feel how similar the two sports really are, despite all of their differences.