

There are many reasons to embrace a vegan diet, including health and environmental benefits. Others go vegan because it's a matter of animal rights; boycotting an industry that treats animals inhumanely. But for many, veganism is a response to a government conspiracy. Where our government is more interested in personal profits than people's health. Striving to only treat a disease rather than preventing a disease all together. For if a disease was preventable, less would get sick, resulting in decrease of profit or even job loss for these government agencies and pharmaceutical companies.

It is fairly agreed upon that processed and red meats cause cancer. In fact, there are several News Networks who have reported on behalf of this claim. NBC classifying bacon and sausage as a group 1 carcinogenic; as bad as smoking a cigarette. Fox News labeling hot dogs and bacon cancerous based on data from 10 different studies, "that each 50g portion of processed meat eaten daily increases the risk of bowel cancer by 18 percent. Weaker links have been found with other types of the disease, including stomach cancer." Finally, The World Health Organization (WHO) performed 800 studies from 10 different countries classifying processed meats as a group 1 carcinogenic (the same group as tobacco, asbestos and plutonium). As well as categorizing red meats as a group 2 carcinogenic. Why is it that cigarettes have labels warning us of their carcinogenic cancerous properties, but processed and red meats have no such labeling? We feed our children eggs and bacon almost every morning, is this not the same as giving your children tobacco, asbestos or plutonium on a weekly basis?

It does not just stop at processed meats. Dr. Michael Klaper MD. Physician Author informs us how 1 egg a day can be the equivalent of 5 cigarettes per day. He explains how "the yolk of an egg is full of fat and cholesterol; it is meant to last a baby chicken 21 days before birth. When we eat an egg, the fat and cholesterol coat our red blood cells, making our blood thicker, and creating irregular levels of hormones". Dr. Milton Mills, MD. Critical Care Physician, tells us that saturated fats found in milk can lead to cardiovascular disease, asthma, autoimmune diseases, diabetes, and irregular hormonal development. He states, "There is actually a law on how much pus you are allowed to have in dairy milk

products. 750,000 somatic pus cells per cc of milk is the current FDA limit". An article published by the Journal of the National Cancer Center Institute states that people who have one serving of dairy per day had an increase chance of prostate cancer by 34%, increase risk of breast cancer by 49% and increased chance of all mortality by 69%.

If these products are considered so cancerous, why is it that many American health corporations encourage eating foods linked to cancer and disease? The American Cancer Society encourages meals that include turkey, canned tuna, salmon, minced clams, and chicken. American Diabetes Association promotes processed meat and bacon wrapped shrimp on their 'meal plan page'. American Heart Association promoting beef and egg recipes in their 'heart healthy section'. Susan G. Komen sponsoring dairy product by putting pink ribbons on yogurt packaging. This is all after the World Health Organization performed 800 studies definitively linking dairy, processed, and red meats to cancer. Steve-O (comedian, and star from film/tv show Jackass) was invited to a charity meeting for the American Diabetes Association. He claims there was a huge buffet full of BBQ chicken and fatty foods right as he walked in. He states "I stormed out because serving BBQ chicken at a diabetes event is like serving alcohol at an AA meeting, it just doesn't make sense."

Searching for the answers to these questions, I ran into an unbelievable discovery. The sponsors of these American health corporations. American Diabetes Association sponsored by Dannon, Kraft, Bumble Bee Foods LLC, Velveeta, Oscar Meyer, and Lunchables. American Cancer Society sponsored by Tyson, Yum, Pizza Hut, KFC, and Taco Bell. Susan G Komen sponsored by KFC, Dietz & Watson, and Yoplait. The most shocking of all being the American Heart Association sponsored and receiving money from South Dakota Beef Industry Council, Texas, Nebraska, Colorado, Idaho, and Kentucky Beef Councils, Tyson, Cargill, Unilever, White Wave Foods, Subway, Dairy Max, Dominos, Farmland, Con Agra Foods, General Mills, Perdue, Nestle, Mars, PepsiCo, Kraft and Kellogg's. So, the health corporation meant to help and heal us, receive money from the very companies that market unhealthy disease-causing foods.

Another shocking discovery is the role in which the government plays in this situation. Mark Kennedy, Lawyer PCRM informs us that "Government Checkoff programs give millions of dollars to Pizza Hut specifically for advertising products with an abundance of cheese; for example, stuffed crust and three cheese pizza". Our government also pays for the salaries of a select few of McDonald's employees. The employees only job is to come up with ways to better market McDonald's products to the public, as well as to come up with new products. One last discovery I made is the way the government markets products that are proven to cause disease to youth and adolescents. Do you remember that poster in the cafeteria of your middle school? Yes, the one that reads "Got Milk", depicting celebrities with milk mustaches looking healthy and athletic. These posters were paid for by government programs, hoping to market milk to children in their youth. Why would the government go through so much effort funding all of these programs and companies when their products are proven to increase risk of colorectal cancer, heart disease, and diabetes?

Our government is in the business of treating people, not preventing people from getting sick. It is proven that you will live 19 years longer on a plant-based vegan diet. The more people who consume dairy, processed, and red meats the more government agencies and pharmaceutical companies will profit. The government does not wish for people to adopt a vegan diet because less people will become ill, resulting in less people needing treatment. This will decrease profit and generate job loss for these companies and organizations. Dr. Caldwell Esselstryn MD. Director, Cardiovascular Prevention even goes as far to state "these government committees deliberately put these food groups into recommendation hoping it will result in millions of Americans perishing". Once again, our government interested in personal profit over people health.

Going vegan is not all about health benefits and animal rights. It is the response to a government conspiracy. A movement in which people simply don't want to be lied to anymore. The right to know the truth about health and the right to education should not be manipulated just for a profit or

gain. Everyone should be educated based on truth and hard facts. Veganism is about bettering our knowledge and learning the truth about what we really should be eating and consuming to benefit our health, our community, and our environment.

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